THE 4 “DYS” - “DISABILITIES IN SPED

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Special Education is a part of education system that deal with teaching-learning process of the learners with special needs. In this area, the SPED teachers encounter different kinds of learners with different special needs. Among all these, there are five (4) most common learning disabilities, which all start with DYS, that a SPED teacher come across. Some classrooms have one case of these. In some special situations, a teacher may face all of these.

1. DYSLEXIA

This condition hinders the learner’s growth in reading and comprehension ability. Learners may also suffer problems in phonemic awareness. Some struggle in phonological processing. People who experience this often-express difficulty in reading as they say, “The letters are dancing.”

A popular movie about this was Like Stars on Earth, starring Aamir Khan.

2. ADHD (Attention Deficit Hyperactivity Disorder)

According to experts, ADHD is somewhat connected to brain structure and genetic component. Learners suffering from this have difficulty paying attention, face difficulty in traditional set-up and are easily distracted. It can be treated through medications and behavioral therapies.

3. DYSCALCULA
If DYSLEXIA is disability in dealing with reading, DYSCALCULA is disorder in numbers and math capabilities. Learners with this disorder suffer from inability to order, solve numbers and understand math concepts like time, measurement, estimation and problem solving. Consulting specialist is a best option in dealing this disorder.

4. DYSGRAPHA

Aside from DYSLEXIA and DISCALCULA, another disorder hindering the learners’ growth is DYSGRAPHIA or the difficulty in physical act of writing. Some learners exhibit difficulty in written expressions. Learners face difficulty in writing and organizing thoughts coherently. This may include redundancy and omissions of words and letters. It may also cause inability to decode basic sentence and develop grammatical awareness. The obvious symptom of this learner’s physical struggle in holding the pen, also the poor and tensed posture in writing.

These are just examples of the learning disabilities. It is important for the SPED teachers to study these and train on how to deal with them appropriately.

References:

https://www.masters-in-special-education.com/lists/5-most-common-learning-disabilities/?fbclid=IwAR1atTv1LDUB1Qt02cQs9R2y84pDRNnYB7hHx3qLJs68D9lzG1KoBL-mm-c