THE BULLIES AND THE VICTIMS

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What is bullying? Bullying is defined by the Department of Education and Skills guidelines as unwanted negative behaviour, verbal, psychological or physical, conducted by an individual or group against another person and which is repeated over time.

Why do children bully others? Very often, bullies also suffer from low self-esteem and lack of confidence. At home they may suffer violence or their family is experiencing a serious problem that caused negative effect to a child. That is why when they are in school they want to seek attention or to appear in control. If a child might be a bully at school it is important to help him or her to deal with it. The parent must cooperate to the class teacher about this bullying behaviour and how it could be changed.

But who are the true victim of the problem, the bullies or the persons who are bullied? Bullying is a very serious issue that has a serious impact not only in bullying victims but also to the persons doing the bullying. Both are victims of different situation, persons who are target of bullying suffered from self-pitying and low self-esteem while the bad behaviour of bullies is maybe a result of wrong upbringing of parents or a family problem. Let us understand that both sides are at risk and both need a special attention and help.

References:
https://www.rappler.com/previous-articles?filterMeta=bullying
https://www.parentingscience.com/bully-victims.html