THE CHALLENGE OF THE NEOPHYTE TEACHER

by:

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Year in and year out the department of education continuously hire new teachers to fill in the needs for man power in the teaching force of the nation. It is a constant expectation that newly hired teachers are able to perform their tasks, duties and obligations inside the classrooms in which they are assigned to.

Sad to say not all newbie can handle the pressure of the classroom tension. There will always be a time that the teacher will have fears, anxiety much worse doubts on the profession he/she took. There was an instance that a newly hired teacher, not being able to adapt to the work pressure present in the school opts to file for resignation. Much worse case scenario is the incident reported that teachers commit suicide.

There are a lot of matters to handle once a person decides to take the teaching profession. It often is joked about that to be a teacher one must have hard guts. But then again there are ways of enduring the stress of the daily grind in the field of academe. As neophyte, one can ask the assistance of the older ones. He/she can also try attending training for specific classroom implementation strategies. Another would be communicating with other teachers and asking for best practices.

Edutopia suggested ways on how a new teacher can cope up with the humdrum of the teaching profession in a less taxing way.

A journal keeping things in check can be very helpful. This is called “rose and thorns.” The journal includes insights about the teaching experience, classroom concerns, colleague correspondence, and students’ behavior management. The journal not only
indicates positive comments but also the negative ones. This helps air out the concern to be given appropriate actions.

With regard to teaching-learning issues, root analysis was considered. Here the main cause of the problem in the execution and mastery of the lessons is traced. Once the root cause of the problem is identified then the remedy can now be proposed. It not ends there. There must be a follow up of the course of action implemented and monitoring the development of the problem towards resolution.

Lastly, posting agenda in meetings is done. This was termed as “Square One.” Adapting to the idiomatic expression “Back to square one,” the agenda of any meeting will be posted then during discussions and if ever that heated arguments arise, the members can point out to the posted agenda and ask if the comments or arguments are still covered by the proposed agenda. This can also help in diffusing the heat of debates or even avoiding the opportunity for other to use the meeting for bringing out their own personal topics.

These are only a few of the measures that a new teacher may incorporate in carrying out the tasks entailed in the professional world of academe.

References:

A.M. Tempus (31 July 2018), Building Resilience as a New Teacher, Edutopia retrieval date August 1, 2018 retrieved from https://www.edutopia.org/article/building-resilience-new-teacher