THE CHANGING WORLD OF EVERY CHILD

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Have you ever wonder what does this changing world do to our children? How these new technologies do greatly affects them?

As I still remember when I was a child, school and home are the only places I used to have. Doing my homework before watching television and helping mother on our household chores are only my concerns as a child. Playing piko, patintero, bahay-bahayan, or taguan are some of the games we played during weekends. Simple but memories I still cherish.

Nowadays computers, cellphones, tablets, and other gadgets play an important role in changing the life of one’s child. Many children got addicted with these gadgets and greatly affect their school performances. They can no longer focus on doing their home works, projects, and they are not even interested on what would be the result of their grades.

According to the author Anna Bruce Lockhart, these technologies greatly affect children’s lives. First on physical changes – short sightedness has doubled and obesity is increasing because some children have no time for their daily hour exercise, they spend their whole time sitting and playing with their gadgets. There is also increase in young patients with neck and back pain. Second, according to the recent landmark report on Digital Childhood, “Digital interaction particularly social medias, are designed to make an individual want to undertake the cycle again, immediately and repeatedly, whatever the time of day or night.” And because of these, children were unable to cope with their lessons at school due to lack of rest and sleep. Third, according to a recent US study,
teenagers who spend more than three hours a day online are 35% more likely to have suicidal risk. The reasons are some cases of bullying interaction over social media. So parents should be aware of these things.

At home they can no longer obey the simplest task their parents ask them to do. Most of their time is wasted on these E-games, youtube, and other things that involved new technologies.

But with the increasing number of apps and devices to monitor physical activity level, the solution could be digital too. And on the other hand these new technologies are a big help on doing our work easier and faster. We can compute our pupil’s grades easier and faster, we can use projector, internet, laptop, smart television as devices in teaching our pupils.

References:
5 Ways Digital Technology is Changing Childhood
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