Dancing is an art like music, drama and sports. One expresses himself through body movement and unique style. There are varieties of dances from folk, ethnic, ballroom and modern. All dances represented various cultures of people in different provinces they live in.

Dancing became unique and very creative. Before, most people only focused at tradition and culture in worship, courtship and victory. Traditional costumes and different attires represented each dance that made it more unique.

Dancers became more creative by adding spices to their performances like story plots, exaggerated movements and own personal style. Dancing became as popular as the Korean pop culture.

Before people where into hip hop in the 80’s, Street Dances became popular during festival.

Festival Dances also show a person’s culture and tradition like the early traditional folk.
Colorful costumes and creative props made the festival gathering grand in their performances.

In terms of Social Dances, they display not only the male and female skills in dancing but also the elegant and sophisticated style in dancing. Though some people are skillful in terms of dancing, they are not still considered as dancers.

A dancer is a person who doesn’t only show skills and mastery in executing steps and figures in dancing.

A real dancer shows passion in the way he or she move his or her body. An expression that is not only being shown on their faces but also in the body itself which expresses a deep emotion.

A real dancer not only dances visually, but they also dances emotionally. Once he or she puts on those dancing shoes or wear the costumes or dresses, he or she begin to move with grace.

It is important to work hard and train hard like an athlete. It also takes a lot of discipline and patience to achieve a person’s goal.

It is not different from sports like swimming, gymnastics, figure skating and other sports. A dancer should be focused and his mind should be conditioned. Each step consist of
measure, timing and synchronization. Dancing should also be provided with a music to give life to a performance. It is a good form of workout and an outlet to express deep emotion whether it is happiness, sadness, grief and extreme anger. A dancer is not a really a dancer if he or she doesn’t know the true meaning of the word dance.

References:

https://www.britannica.com/art/dance
https://www.britannica.com/art/dance/Components-of-the-dance
https://www.britannica.com/art/folk-dance
http://belladivadance.com/expressing-your-feelings-through-dance/