THE EFFECTS OF EMOTIONAL DISTURBANCE TO THE ACADEMIC PERFORMANCE OF THE STUDENTS

by:

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Students often display or demonstrate many kinds of behavioral problems. There are students who are energetic, love to be alone, attention catcher, love to talk, and many more inside the classroom. Emotional Disturbance is one of the common factors why some students are having a poor academic performance inside the school. It is a condition where a child is having one or more characteristic/s over a long period of time that eventually affects its educational performance. There are signs that a student is suffering emotionally and that is by means of changing its personality (even likes and dislikes), hopelessness, inappropriate behavior and decline in personal care. So, students who are having this kind of problem are said to be at risk and in need of so much understanding.

Students who are having this kind of problem may lead to an unpredictable behavior that surely affects their decision-making skills. It often displays a wide discrepancy in basic academic skills such as reading, spelling, writing and some classroom activities. There are students who are emotionally disturbed and the root of it came from a variety of sources or events in a child’s life (Helling, 2015). These sources could range from physical abuse to a traumatic event like having family problems or even their lifestyle inside their home. So, there are times that you will notice students that they are not in focus during class hours. Their socialization skills are different from other students. They cannot build or maintain social relationships with peers and most especially with teachers. They are also having mood of unhappiness or depression. As a result of these events, it can have a negative impact on the students’ learning.
It is indeed hard for the teachers to cope up with emotionally disturbed students since these persons are in need of wider range of understanding in terms of their behaviors inside the classroom. The teacher must use strategies and techniques as a tool to work well with students having this kind of condition. According to a research conducted by Concordia University in 2018, rewarding their positive behaviors, having fair treatment for all, using motivational strategies, and keeping class rules/activities simple and clear are the strategies and approaches that a teacher may use while dealing with them. These techniques would be a big help for teachers to understand the students’ behavior since it is not easy.

Thus, teachers should let students feel that they valued and understand them. These kinds of students are having a hard time with their lives so as their second parents in school, they must create a learning environment wherein students having this kind of behavior would not feel that they were left behind, they were unloved, and not supported by someone. This can be extremely challenging mostly on the part of the teachers but this kind of case should never be neglected by them because their influence could mean a world of difference to these students who are struggling with their lives and with an incredibly difficult situation.

References:
