THE IMPACT OF GUIDANCE AND COUNSELLING ON STUDENTS GROWTH
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The guidance and counselling of students is an integral component of the educational mission of the school. Guidance and counselling services and programs promote the personal/social, education, and career development of all students.

Counselling is a specialized service of guidance. It is the process of helping individuals learn more about themselves, their present and possible future situations to make substantial contribution to the society.

According to Ruth Strang, guidance is a process of helping every individual through his own effort to discover and develop his potentials for his personal happiness and social usefulness.

Impact of Guidance and Counselling
1. Get to touch the life of a student. As guidance counsellor we will able to know the student’s thoroughly by conducting a non testing tools like interview, observation, anecdotal record and others. With the kind of tools we conducted we can easily touch the life of students because they can able to relate themselves to us. Fairness and confidentiality must be kept with themselves.
2. You are able to reach out and help someone solve a problem or feel good about him or herself. When you establish rapport with the students they started to confide and open up their problems with us and by getting response from us like giving them suggestions, possible solutions they begin to feel better and come up with realization.
3. The opportunity to work with a variety of professionals who are all concerned about the welfare of the student. Since guidance counsellor have a direct involvement with different school organizations, he/she can easily talk to them and come up with different programs appropriate for their needs such as preparing the students for the challenges of the future by supporting their academic, career, and personal/social development and community participation.
4. Teaches the skills for a lifetime of learning, career self-management, and social interaction. With different seminars and training to be provided by the school or institutions and with the help of the Guidance Counsellor the students skills and potentials will be developed.
5. Relates their educational program to next steps and future success. Guidance Counsellor shall always have an educational program like giving them a complete orientation, follow-ups and seminars that would be a beneficial for students growth.
6. Broadens knowledge of our changing world. The schools administrators as well as the professional teachers shall be up to date with the new technology and an appropriate seminars must be conducted to them for future use.
7. Facilitates career exploration and planning. Guidance Counsellor shall assist their students regarding what career or profession they prefer to pursue.
8. Assures equitable access to opportunities. Guidance Counsellor shall conduct a seminar to students for them to have a depth understanding concerning the value of education, equality and good opportunities awaits them.

9. Advocates for the individual student. Guidance counsellor shall support student individuality, their beliefs and their choice.

The student growth is not only be measured through his/her academic progress but over all student growth may be seen having a self-esteem or high morale, optimistic, able to deal with different situations, psychologically and socially stable because of the good foundation gained from his/her own family, schools/institutions and society/community where he/she lives.

References:  
http://www.ode.state.or.us/teachlearn/certificates/cam/pdfs/orframe/2benefits.pdf