THE IMPORTANCE OF DISCIPLINE

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Discipline is a basic part of our life. In fact, without discipline in life we cannot work regularly. Parents, and the elders of the family are the first persons to introduce the sense of discipline to the children. Teachers reinforce them in the school. However, what is there to reinforce when very little was instilled. Discipline should be learnt from the first stages of life. Discipline ensures the fluid flow of life without hindrance to the individual's liberty. Discipline teaches us to be organized towards achieving our goal of life. It helps us to achieve our ambitions.

Discipline can be explained as a practice which can develop one’s moral character and helps to produce a positive behavior. Also helps the individual to appropriate, improve the long-term conditions, righteous character with the change in demeanor pattern of the individual. Our social structure will disintegrate without discipline in social life.

A society without the appropriate discipline encourages the unsocial activities such as violence and bad behavior. Self-discipline is utmost importance to achieve complete Discipline in life. And it also helps to flourish better character of the person concerned.

It is truly said” He that cannot obey, cannot command".

Nation cannot progress without the law-abiding disciplined citizens. This helps to shape up the nation with the proper teamwork and unity. In these case nations can be saved from neighbor's opportunistic attitudes. Strength of a nation lies in discipline. To site an example, Japan’s rise to superpower because of its disciplined people.
Self-discipline is to motivate thy self despite an unpleasant emotional state of mind. For self-discipline individual should have tenacious will power to control the mind. Self-discipline works naturally and leads to the success.

In our religious life discipline is most essential. The religious activity needs systemic actions with strict discipline in life. To lead a religious life, a constant alertness over the mind is needed.

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