THE IMPORTANCE OF KINDNESS IN TEACHING

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Kindness is an essential thing in this world. But it is more required and expected

to teachers than any other people because of the standards and roles that teachers portray

in the society. Teachers show their kindness in the way they go about teaching, the

language they use, and the way they interact with students both within and outside the

classroom (Bahr, 2021). They are great influencers especially to learners and people in the

community have different stories to tell on teachers’ kindness.

How important is kindness in teaching? It might be an obvious question, but discussing

this topic is a sort of reminder for teachers to stay kind especially in these times of

challenges and global disruptions.

Guided by the Golden Rule, it is a cliché to say “treat others the way you want to be

treated”. Therefore, it is really important to be kind, so as to experience and given back

the kindness we also wanted. But what are the good points when teachers are kind to

learners when they are teaching? Here are some important points to tell us the importance

of kindness in the classroom.

1. Being kind develops strong connection to learners making them happier and

motivated to learn. When teachers are kind, all types of learners can deal with them, and

encourages more kind behaviour in the teaching-learning process.

2. Being kind increases energy and boosts self-esteem and well-being. When teachers

are more energetic, they can perform their task well and their students will also enjoy the

lesson and learn better.
3. Being kind in teaching increases learners’ feeling of acceptance. Students feel that teachers love and care for them when experience kindness from them.

4. Being kind improves our health and reduces our stress. This can be associated to endorphins, our happy hormones. When we are kind, our happy hormones are stimulated, producing energy and essential vitamins to our body.

5. Being kind is essential in the new normal education system. As applied to our current educational setting, kindness in teaching is really something that we must take into consideration. It does not only apply to teachers, but it is also applicable now to our parents and guardians who are performing roles as learning facilitators.

In an educational blog, it was stated that it has become quite clear that modern education ought to encompass more than just academics, and that matters of the heart must be taken seriously and nurtured as a matter of priority (Currie, 2015). We teachers have this heart for learners and we are known for the care and love we have for them. But there are also cases opposite these things, so it is important to continue what we all should be as teachers. We must be kind, and kindness is one of the best instructional materials we can use in teaching.

References: