THE MOTHER IS A CHILD

by:

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Walking along the sidewalks reveals the rise in numbers of teenage mothers. You’ll see posts on different social media platforms of newly born babies from the timeline of young mommies.

In 2017, about teen pregnancy CDC published that a total of 194,377 babies were born to women aged 15-19 years.

This is another current issue among youths/students in this generation. Teenage pregnancy, also known as adolescent pregnancy, is pregnancy in a female under the age of 20. At this age, most of the pregnant teenagers are students. This is the age of confusion and therefore requires much guidance. Being young who are confused and afraid of the uncertainty of what may happen, most of them think of abortion, suicide, and running away from home.

With that saying, guidance counselors play vital roles along with the teachers/advisers. This problem calls for the coexistence of both professional guidance. Being the counselor, he/she must be emphatic to understand the students’ situation. He/she must also be a good listener. The counselor should be genuine, concrete, and most importantly, show unconditional positive regard to make the teenager feel that she is accepted whatever happens.

Through that, the student/client will accept her situation and will care for her condition. The counselor must also let the child’s parents understand the problem, and instead of being outraged, give their child the guidance she needs for the new life she conceives.
This issue must not be shouldered by counselors alone. It calls for the people around the child who plays an important role. They all have to work hand in hand.

References:

Https://www.cdc.gov/ teenpregnancy/about/index