THE NEGATIVE EFFECTS OF SOCIAL NETWORKING SITES (SNS) ON TODAY’S STUDENTS

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A number of Social Networking Sites (SNS) have prompted in the previous years. People easily access social media using different devices. People used these platforms to establish social relations among the members of the site. SNS has attracted students, because it is very useful in the field of education. Students enter on social media to gather data and information on the topics that they want to study. They can easily communicate with their classmates to talk about their projects and assignments. They even utilize SNS to download videos that will be used for the presentation.

However, social media platform or SNS has also brought risks to the students. It changes students’ behavior and attitude. It reduces the level of interest of the learners because most of their time is spent on visiting their favorite platforms. Students become out-of-focused and unmotivated, because they like social networking. Study habits also gradually changing. Students neglected reviewing previous lessons and forgot answering their homework. Students’ attention spans have decreased leading to non-participation in the class.

On physical and health concerns, students take too much coffee to stay awake and sleep very late at night to continue their social networking chores. As a result, they become sleepy at school and hardly participate on classroom activities. Students, who are addicted on social media, do not want to participate on a task in which computer is not involved. Students prefer online games rather than playing outdoor activities. Students’ body is weakened due to lack of exercise and exposure to sunlight. They even forget to
prepare their meals in favor of social networking. They choose to eat unhealthy foods because it is easy to prepare.

On financial issue, students will do everything to access their accounts. The desire to penetrate makes them vulnerable. Students used their money (baon) to finance social networking and online games. They even ask for additional allowance on their parents stating that there is another project to be paid. In case that the money inside their pocket is not enough, they will lend to their classmates or to someone they know. Aside from these events, students are also using social media for gambling.

On social relations, the number of online friends is greater than the number of their friends on real-life. Relations between students and parents are suffering because the former do not want to interact with the latter most of the time. Students choose facing computer rather than attending family gathering and friends’ hang out. SNS creates conflict and misunderstanding between students and parents.

As results, students are distracted because of too much involvement on social media leading to poor academic performance. Students’ health is also sacrificed, students’ budget is affected, and social relation is neglected. Students have to remember that too much participation in social media platforms can negatively impact study as well as personal life.
References:

