THE SCHOOL

by:
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All we know, school is the place where students go to learn but more than that school also plays a vital role in the society, it acts as the second home for children. Why do I say that it acts as the second home? For students who are in grade school, junior high school and senior high, they stay in school for at least 8 hours a day. Imagine how long students spent years in school, approximately it is 7 years of their life to graduate in senior high school, disregarding weekends and summer vacation in the calculations. In that length of time, teachers, co-students, other staffs and the environment itself can mold individual’s behavior, socialization and intellectual capability as a person.

School is one of the most important institution in our society. Without school, there will be no skilled nor professional workers in the workforce. School is responsible of transferring knowledge to students which they can use to be able to achieve their desire career in the future. Economically speaking, education is essential for the maintenance of good and stable economy of a certain country. A country without school will have no doctors, businessmen, teachers, lawyers, engineers and other individuals who support and help others community members to maintain their ability to live and survive.

School is also one of the institution that transfers cultural and historical events that have great impact on the present generation so that the present and future generation will be able to know what happen and the reason why people act the way they do today.

A school should be student-friendly and have respectful environment. It should have a whole school approach to student safety and wellbeing, develop and promote
prevention policies and programs, have a leadership team that understands duty of care requirements, have staff that model pro-social behavior and intervene when they see bullying or anti-social behavior, value the expertise of student wellbeing staff, have clearly defined roles for responding to problems and ensure all staff have access to regular professional learning. Moreover, the promotion of healthy diets and physical activity in school is essential to fight the childhood obesity epidemic. Because children and adolescents spend a significant time of their young lives in school, the school environment is an ideal setting to acquire knowledge and skills about healthy choices and to increase physical activity levels.

In line with these, school can truly function to its optimum capability if it provides a conducive and friendly atmosphere not only for students but also for teaching and non-teaching personnel. Schools should mold these people holistically through providing complete and adequate facilities and services to fulfil their needs.

References:


https://www.who.int/dietphysicalactivity/childhood_schools/en/