THE VALUE OF HAVING VALUES

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“Your attitude, not your aptitude, will determine your altitude.” This is a quotation by Zig Ziglar, an American author and motivational speaker, that reflects the reality for all walks of life – from being a student, a professional, a family member, and a citizen.

Values education could be the most underrated subject in school, at least for most students. It is often overlooked because people feel like it naturally comes out of our instinct and judgment, but this is not always the case. While Mathematics, Science, English and other more technical subjects could help build our specialization or field of expertise in the future, values education is what will make us valuable in any chosen field.

A lot of people think that having a high intelligence quotient is what will propel their careers, but in reality, it is emotional intelligence that makes one truly successful in any endeavor. Emotional intelligence involves the ability to understand how people feel, to communicate with empathy, to influence others positively, to rise above challenging times, to adapt to the circumstances, and to inspire other people to do better. All these attributes are what we look for in a leader, may it be at work, in school, in politics, or in any organization.

Values education is the foundation of emotional intelligence. It helps a person build a sense of what is right or wrong, and make decisions fairly. It helps an individual become self-aware, and realize the importance of always considering how others feel. It helps a person realize that he should care not just for himself, but for the good of the people around him and the society he belongs to. It helps a person in dealing positively
with challenges, and in being resilient when things are not going well. It helps a person think of winning not just for self-victory, but for the success of people whom he cares for.

Having values is what makes a person display integrity. Having values is what makes a person look beyond himself. Having values is what makes a person inspiring. Having values is what makes a person valuable. And all these should be instilled to our children at home, in school, in churches, and in any community all the time.

References:

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