THINGS TO DO WHEN YOU ARE IN TROUBLE

by:
Rosario Pardilla
Bacong Elementary School

Let us try to help one another in times of needs. These are the things which we may help our students. The harassment and rape are all over the news. The things we may need to give our young ones specially our students and children are the knowledge to defend themselves and be very particular with how they can manage to escape from gruesome events such as those. As teachers, we must give them time to think about it because accidents and moments like this may limit their beautiful future.

In reality, there might be circumstances wherein our kids are in danger. They must be reminded or educated what to do in certain instances. Teachers’ advices are the key. Pupils trust teachers next to their parents. They follow our advice, instruction and mandates. They also take our words seriously.

As indicated from https://www.globalgiving.org/projects/rape-prevention-for-1000-children-in-nigeria/ there are ways to avoid being caught up in situations:

1. Remember to be alert always. Do not go into a place in which you will be caught alone and naïve. Knowledge must be your weapon. Familiarize yourself with the place.

2. Talking to strangers are inevitable, so it is a must not to be too friendly to other individuals which may be diverting your attention. Remember they can ask older people rather than you as a child or student. Lead them to much older ones.

3. Be brave and tell other family members or other authorities what you feel about that individual. Make sure that you do it right away.
4. Prayer is the mighty weapon. Keep it with you always and try to have faith every now and then.

A teacher can influence a child’s life anytime. Let us try to help these little children, empower them, and see the beauty of a safe world.

References:

Rape Prevention for 1000 Children in Nigeria. (2019).