TIME MANAGEMENT: ITS EFFECTS ON STUDENTS’ PERFORMANCE IN SCHOOL

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Time management refers to the system of organizing and preparation of the task assigned in accordance with time. It is simply the arrangement on how much time will be spent on a specific events. There are lots of workloads that students have to carry out, the club activities, home works and other term papers to be passed. The students have to manage their time properly to attend to all works that need his expertise. Good management of time allows the students to do his work smarter and easier for the students to have more time for other activities. Failure to management the time effectively may cause negative effects to the outcome of the work and it may cause stress.

Time management has different benefits that have positive impact to the performance of the students, these benefits include the following,

1. The students may produce better and efficient outputs.

2. The students, at early age, may develop a good qualified reputation of a professional.

3. The students will perform happier inside the classroom, thus there will be no room for stress.

4. The students will have more time to get opportunities to have advanced studies.

5. They will get more chances to accomplish significant goals of life and career.
However, failure to execute a good time management may result to different unwanted concerns, these include the following below;

1. The students have the tendency to neglect deadlines which may result to poor performance and grades.

2. Students may cram because of improper use of time therefore their work flow will be unproductive.

3. Unproductive work flow will result to poor quality of the outcome.

4. Students have the tendency to have poor reputation and may delay having a career.

5. Poor work outcomes may result to poor grades that may cause high levels of stress among students.

Teachers may encourage the students to work and spend an ample amount of time to plan and organize their activities to ensure a positive and efficient performance in school. Teachers may talk to the parents to divide the household chores to their children so that the time for home work will be well-managed as well.

**References:**

https://www.mindtools.com

www.wikipedia.com