A teacher is not a teacher without his or her lesson plan. It is the heart of teaching. A good lesson must have a good plan. For a teacher to ensure the mastery of the learning of his or her students it is very essential to conceptualize and execute a well-planned lesson. It is very important when you are being evaluated or reviewed by an administrator or evaluator for a certain purpose. So, you must learn to write a well-written lesson plan. And it must include the eight essential components of a strong, effective lesson plan and it should have a goal which is a measurable student learning.

Here are the eight essential components I worth sharing for us from a helpful site;

1. Objectives and Goals

   The objectives of the lesson must be clearly stated and based on the educational standards followed strictly by your school.

2. Anticipatory set

   Before introducing the new lesson, make a motivational activity and get the prior knowledge of the students first, then you can now give the content of your lesson’s objectives.

3. Direct Instructions

   Your lesson plan must have a clear and appropriate way on presenting your lesson to your learners.
4. Guided Practice

It is important to include activities to your students where they will have a practical application of the skills your lesson teach, but with your guidance.

5. Closure

Plan an outline how you will wrap up your lesson by giving them ideas on how to apply them in real life situation for your lesson to have an essence.

6. Independent Practice

Give home works for them to practice the lesson independently to test if they really learn the lesson.

7. Required Materials and Equipment

Prepare the essential materials needed for the students to achieve the goal of the lesson.

8. Assessment and Follow-Up

An essential way to test if the objectives of the lesson are met is through a good assessment tool. It must be the exact objective that you have.

Hope these will help you write your lesson plan. Good luck.

References:

http://k6educators.about.com/od/lessonplanheadquarters/g/lpobjectives.htm