UNDEAD

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Committing suicide is infamous nowadays that lots of people are doing it. Even local and international personalities are being succumbed by it. I think the rise of this death rate is due to celebrities who have taken their lives, the pressure and expectation of others, and the fact that we are living in this emerging online world that creates loneliness and depression.

The world is still divided by this issue. The stigma about it still exists but somewhat diminished. Several people think that it is only in your mind. But it is considered an illness just like the flu and cold. People are experiencing this day by day without sharing with their loved ones because they are afraid that they might judge them as insane.

I’ve heard and read that many clinically and undiagnosed depressed people fear what others might think of them. That’s why oftentimes we are shocked to learn the news that this person took their lives because it is unnoticeable. He/she seems to be happy and sociable, so why? They have everything in the world, yet why? Depression is a great traitor of all time. This morning you wake up happy but as the night came you feel blue.

The recent news about this issue is the late Miura Haruma, a Japanese childhood actor and singer, the whole nation of Japan was shocked and sad about that news. He is the brightest actor who is passionate about his job as an actor and recently debuts as a singer. I watched a documentary video on Asian Boss, a YouTube channel wherein they conducted a street interview with people about the recent news. From there, they ask what they can say about the death of the late Miura Haruma.
In today’s world cyberbullying, mental and online harassment are one of the causes of suicide. Many people are considered keyboard warriors because they thought that they can type anything that they want. After all, the virtual world cannot see them. Oftentimes, they forget that they hurt someone feeling.

We should not underestimate depression because it is fatal once a person surrenders to it. In Japan, suicide recorded higher death than Covid-19 this 2020. And according to Asian Boss, there are 20,000 people reported having taken their own lives in 2019. We should be alerted by this sudden rise of unfortunate events because the younger generation especially in our department will be the most affected. They might copy what are the elder is doing. They might have a misconception that even an adult does it so why not them. Proper parental guidance with every child should be supported to mitigate this rapid case. Moreover, we should learn to embrace each other flaws in that way we can help them to survive this punitive life.

References: