WAYS ON OVERCOMING SCHOOL CHALLENGES AS TEACHER

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Struggle is real! as they said. It may sound cliché’ but true. In the first half of the school year, you already feel so tired. You drag your feet entering the school with gloomy face especially when you encounter problems in school. It may be personal, pupils’ behavior or academic problem. These can affect your performance in your schoolwork. It does not matter if you are a neophyte or a veteran teacher. No matter how much experience you have, there are always challenges facing in the school.

Some of them that you may find challenging are meeting the needs of the students since they have individual differences, it is a challenge for you on how you are going to use different learning styles that would fit them and eventually learned from you. Another is on how you are going to manage the behavior of your students; this will test your classroom management skills. Also, the pressure on your school administrators, expectation from teachers is always there. As such, you tend to do your best to be part of achieving the goal of the school and proving to them that you are worthy and important. Also, facing a difficult situation like the complaint of some parents because of the way of disciplining their child is hard, especially if you are a neophyte teacher.

However, there ways to overcome these challenges and will also help you achieve your goals as a teacher.

a. Budget your time wisely. You must learn how to weigh or manage your time. Do not allow your work to overpower your social relationship. Make sure you still have time with your family and friends. Go out and find a place where you can enjoy and relax
together with your family and friends. You need also social life. Sometimes we need to pause for a while in our work and enjoy life.

b. Possess a positive attitude. Being positive can help you feel less worried and start looking forward to the future. Avoid thinking negative, this will not give you a positive life instead of giving time to what is important and what will make you happy to become successful in your career.

c. Must be prepared all the time. When you are prepared, everything is possible. You can avoid cramming when you have things to do. This will help you lessen you are stressed and think freely to have a good result. Your presentation will work smoothly and successfully if you prepared it beforehand.

d. Remove distractions. Avoid getting distracted like using gadgets and chatting with friends, so you can finish your work on time. Focus on what you are doing and eventually, this will give you good output.

e. Give a reward to yourself. You should give reward to yourself once in a while for doing your job well done. In that way, you will feel relieved and thankful after all the stresses you have experienced. Buy things and eat a lot that will make you happy.

f. Attend seminars. This will make you enhance your skills and widen your knowledge. As well as an opportunity to meet other people who share your interests. Seeing new people can share new knowledge and offer solutions to common problems and advice on how to handle challenges.

Moreover, obstacles in teaching are there to shape you and be a lesson for you to improve yourself. It is ok to fail but never stop to do what is in your heart. Do not scape when you fail instead chase it until you become better. Do not be afraid of taking challenges instead use it as a motivation to become successful in your career.
References: