WHAT IS YOUR PARENTING STYLE?

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Parenting approach matters from one child to the other and even from one family to the other family. There is no perfect parenting as there is no perfect parent. Understanding positive parenting is ideal to be able to deal with their child in the most ideal way. This means that parents will sensitively treat their children, dealing with their individual needs and addressing the typical challenges that arise in early childhood with empathy and respect.

To better understand what positive parenting is, one must assess what kind of parenting style he uses. Are you the Authoritarian or Disciplinarian type of parent? Authoritarian parents are often called as the disciplinarian. They are the type of parents that use a strict discipline style with little negotiation possible. They often use punishment to convey their message. There is only one-way communication within the family. House rules are not stated. This means that this kind of parents are less nurturing and they high expectations towards a child’s performance and there are not too flexible to mend the child’s capacity and ability.

Or maybe you are the Permissive Type of parent. The permissive type of parents allows their children to explore and do what they want. They are also known as Indulgent parents who share a friend-to-friend kind of relationship with their child. Often this kind of parent is opposite to an authoritarian type. They live in limited house rules and allow the child to figure out their problems and solve them on their own. This also means that the child can decide for themselves. Parent’s expectation is typically minimal or sometimes these are not formally set.
For some children having uninvolved Parents means total freedom. Often, they prefer this kind of parent but eventually, their perception changes especially when they are facing the hard consequences of their bad actions. Parents with this style may don’t know how to handle their child or unsure of what to do. This is the kind of parenting the gives less and expects less towards their child.

The fourth parenting style is Authoritative Parenting. This kind of parenting is reasonable and nurturing and sets high, clear expectations towards their child’s progress and actions. This helps the child to practice self-disciplined and think of themselves that tends to be more beneficial. Disciplinary rules are crystal clear and explained well. Parent and child communicate well in a child-level manner which makes the parent more nurturing towards their child. Parents' expectations are high and goals are reached with a child’s input into it.

Knowing these parenting styles will be beneficial. Child’s growth is crucial and their behavior inside the house often is far different in the outside world. To be able to fully protect them, a parent must know and establish her parenting style. Adjust from one to the other or combine both. Knowing that every child has his own needs and differences. A parent must better know her child, learns to listen and observe in silence.
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