WHAT IT TAKES TO BE A MAPEH TEACHER

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Teaching is one of the most complicated jobs today and MAPEH teachers couldn't agree more. Unlike Math, Science and English, MAPEH (Music, Arts, Physical Education, and Health—a group of scholastic subjects) does not only aim to improve the mental skills of each student, but to also improve and enjoy the innate abilities that could help them to cope up with the competitive world, or for them to get recognized for their talent and skills. Believe it or not, students tend to overlook the importance of this subject because they might think it's not as important as other major subjects they are afraid to fail in. However, MAPEH is more than what meets the eye, and so not a single discrimination could possibly depreciate its worth. Most especially the teachers who are taking this subject as their major.

This course, BSE-MAPEH major is what aspiring MAPEH teachers must take, is designed to equip knowledge and provide skills to students in the field of Music, Arts, Physical Education, and Health. Most of the schools in the Philippines have two different teachers; one for Music and Arts and one for Physical Education and Health. Aside from classroom discussions, MAPEH also opens up a door for creativity and for showcasing talents and abilities each student may possess. In this case, projects, presentations, and annual dance performances are a must in this subject which may include a variety of genres like hip-hop, cheer dance, folk dance, and many other types of dances.

By the same token, sports is another thing that every student is looking forward to. They can exhibit their love for their chosen field whether it's basketball, volleyball, table tennis, taekwondo, the list goes on and on at this point. With that being said, MAPEH has become a huge part of being a student.
Therefore, MAPEH teachers must be recognized more for their hard work and perseverance, chasing the endeavors they are trying to achieve as educators.

On the other hand, there's an expectation involved when talking about MAPEH teachers. Questions like these could be raised: Do they need to excel in the field of Music, Arts, P.E and Health to master their preferred medium? How can teachers teach music and arts if they are not musicians and artists, themselves? If they don't have any experience of becoming one?

Well, here's the thing: People can't imagine a Science teacher neither spending all his/her time doing experiments in a lab, theorizing things incessantly nor dissecting almost everything to study its anatomy. The same thing goes with an English teacher. You wouldn't expect them to be a New York Times Bestseller before they are educators just so they can effectively teach English. A Math teacher, although has to be good at Mathematics, didn't become a teacher because he/she invented Algebra. Other than that, let's take Physical Education and Health teachers as an example. Given how physically active they must be, PE teachers don't need to be star athletes or professional dancers to gain credibility but having an undying positive attitude toward fitness and health is what matters the most. The only thing they should not be forgotten is to provide learners, the enjoyment of being active and what it can contribute to their health. Additionally, those PE teachers can take other professions such as being an Outdoor Activity Coordinator, Head in sports organizations, Recreation specialists, Officials in sports, Sports Trainers and Sports Coaches since they have the knowledge of being one.

Sure, being good at something is an extra point in teaching applicable techniques that can hone skills. Still, even a teacher with little experience and who is not very good at certain things can teach as good as long as he/she has a fairly wide range of understanding when it comes to the subject. Another key point here is teaching demands broad knowledge of subject matter, curriculum, and standards. Besides that, teachers are masters of their subject matter. They accumulate expertise by spending their time
continuing to gain new knowledge in their certain field of studies, which makes them suitable for teaching and passing all their learning to children of today's age. Thus, knowledge, willingness to learn, and having an optimistic outlook is what make teachers truly amazing, beyond measure. It is also important to keep in mind that everyone can teach but not everyone is a good teacher.

Notably, one must understand the methodologies of teaching to become a teacher. With that in mind, being an artist, musician, sports enthusiast/dancer or a person with medical experience does not necessarily mean he/she can teach more proficiently compared to those who are not. Being a good MAPEH teacher doesn't require all that has been mentioned above. A good teacher not only educates learners, but they should also help them to build confidence, provide them a sense of accomplishment and guide them as they become the better version of themselves.

Henceforth, we can conclude that MAPEH is truly a subject everyone should appreciate. It can serve as a break from the exhausting mathematical equations, 500-word essays, and Science Investigatory Projects. It is not something students should take for granted for it allows self-discovery. More than that is the actuality of MAPEH teachers needing more recognition than ever. Perhaps some of them pursued MAPEH for they are good at music, arts, PE, or Health but it doesn't mean that every MAPEH teachers have to be good to also fit in and teach more proficiently. Despite them not being good in those areas is not a problem at all. That's because what's important, is they shape students to become better singers, artists, and dancers, themselves.

References:

https://www.nap.edu/read/18314/chapter/8