WHAT MUSIC CAN DO TO LEARN STUDENTS

by:

Joyce Ann Balan

Teacher I, Mariveles National High School-Poblacion

As teachers face everyday challenges inside the classroom, they are thinking of ways on how to help students learn in the most comfortable means. Many are using strategies such as games, collaborative work, peer assisted task, and the use of different technologies. These are common practices that are known to be effective. However, there is also another way to assist students in the process of grasping knowledge and holding skills and that is the use of music.

Why is music essential to learning? Here are some of the reasons. First, music motivates the learners to study. There are students who like reviewing their lessons at home while listening to their favorite music. Do not interrupt them, because it is their way of recalling information. It makes them feel comfortable and if they are relaxed, their mind can easily store data. It is a good habit, but it should be reinforced with self-discipline. In addition, music can inspire students to pursue their goals and dreams. Through internalizing the lyrics, they can put into actions the positive messages that the singers want to deliver to the listeners.

Music can be used in hands-on activities. Music can be played while doing practical undertakings. Take for example in art class. Teachers can play music while doing soap carving, drawing portrait, or making photo album, so that students can gently move and finish the task on time. Another example is in the Electronics class. Teachers can also play music while soldering components on the board. A soft music can make students move smoothly to mount and solder components on the board to produce a good solder and connection. If the learners commit mistake, still they can take it lightly because of the songs they are hearing. Music is a melody that inspires learners to improve their work.

Music can be used to hold concept and idea. The tune of a song can be applied while reading text to remember important details and thoughts. Take for instance in remembering parts of the human body. Teachers can use a music in which students are familiar, and then
they need to insert human body parts while singing the song, so that students can simply remember the lesson.

Music can be a vehicle to express students’ emotions. Many students are afraid to show their opinions, beliefs, and feelings. Teacher can allow students to choose a song that will mirror their answers to the latter’s question. Let them sing a song that will prompt their opinions. Give them an opportunity to perform a song that will show their feelings. In this way, students are not only expressing themselves, but also learning using their voice.

Music can relieve stress. It brings humans to a place where there is no distraction, where mind is empty and has no sign of worries. As teachers, we have to help learners to lessen the burden of studying. They are working on different tasks, so once in a while playing music is a good reliever of pressures.

Music plays an important role in the people’s lives and the benefits are floating. We just need to recognize how it can be used to every situation and how this can help the listeners

References:

