YOU CAN SURVIVE NO MATTER WHAT

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Teaching is a noble profession, isn’t it? Nowadays, there were many teachers who suffered from different illnesses, depression and stress to many paper works to do instead of teaching.

They said, “If you cannot follow and you are tired, just go out to the system.

In my 20 years in teaching, I can say that “I SURVIVE” no matter what. Maybe, it just because I love children and I want them to learn and succeed in life. In order to cope up this situation, here are some tips to follow:

1. Open Communication. See to it that you communicate to your colleagues and school head, ask some questions that you do not understand, don’t be hesitate to do it. You can get an input or information about the children and school.

2. Seek for Assistance. Even though you are a veteran teacher, there are some cases that you do not understand easily the new work. Ask other teachers who are knowledgeable about it.

3. Manage your time. Putting your things in order is a very helpful practice. Set a priority, which should be done first and be punctual in performing school task at all times.

4. Prayer. It is a great tool in every circumstances we have. Through prayers, we uplift our spirit and have a peace on mind that God is always in control. No matter what happen, only God knows. In every single day, include our learners and their parents in our prayers.
References:

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